

Statement of benefits under the Act of March 2, 2020 on special solutions related to the prevention, prevention and control of COVID-19, other infectious diseases and crisis situations caused by them (Journal of Laws, item 374, as amended) and Regulations No. 419/20 of the Mayor of the City of Gdańsk of April 1, 2020 regarding determination of specific forms of assistance to the local community related to prevention, counteracting and combating COVID-19 in the Municipality of Gdańsk.

1 Earmarked allowance intended for the purchase of medicines, cleaning products and cleaning products hygienic (application to emergency centre MOPR).

2 Provision and delivery of a meal or food products (application to emergency centre MOPR).

3 Purchase and supply of medicines and other items necessary for survival first need (application to emergency centre MOPR).

4 **Providing shelter** (application to emergency centre MOPR).

5 Material assistance in the form of clothing and household goods (application to emergency centre MOPR).

6 Crisis intervention and specialized psychological counseling (application to emergency centre MOPR / emergency response centre OIK).

7 Additional care allowance for up to 14 days per child under 8 years old in case of closing kindergarten / school (application to Social Insurance Institution ZUS).

8 Additional care allowance for a period not exceeding 14 days for a child with a significant or moderate disability up to the age of 18 or a child with a certificate on disability or a decision on the need for special education (application to Social Insurance Institution ZUS).

9 Sickness benefit due to an insured practitioner employed in a medical entity during the period of compulsory compliance quarantine or isolation at home (application to Social Insurance Institution ZUS).

10 So-called "Parking benefit" (application to Social Insurance Institution ZUS).

11 Co-financing of salaries of employees, employees based on outwork contract or mandate contract or other service contract (application to Gdansk Job Centre GUP).

12 Co-financing the costs of doing business by self-employed people (application to Gdansk Job Centre GUP).

13 A loan from the Labor Fund to cover current running costs business activity of a micro entrepreneur (application to Gdansk Job Centre GUP).

14 Co-financing of remuneration of persons employed by non-governmental organizations and other entities conducting public benefit activities (application to Gdansk Job Centre GUP).

15 Compensation of costs incurred by professional activity plants remuneration paid to people with disabilities (application to The State Fund for Rehabilitation of Disabled People PFRON).

For benefits 1–6 please contact with

Miejski Ośrodek Pomocy Rodzinie w Gdańsku ul. K. Leczkowa 1a, 80-432 Gdańsk phone **58 342 31 50 (Mondays, Tuesdays and Thursdays** 7.30 till 15.30, Wednesdays 8:00 till 17:00, Fridays 7:30 till 14.30) email: mopr@mopr.gda.pl



Miejski Ośrodek

Pomocy Rodzinie

w Gdańsku

Food, catering and shopping assistance tel. 500 218 337 e-mail: wsparcie@mopr.gda.pl



Psychological help:

- · phone. 508 901 118 MOPR psychologist,
- · phone. 787 960 860 -FOSA Foundation
- phone. 660 765 050 or 721 613 787 Fundacja Pomorskie Centrum Psychotraumatologii
- phone. 58 320 44 04 Gdański Ośrodek Promocji Zdrowia i Profilaktyki Uzależnień,
- phone. 58 347 87 89 or 58 347 89 30 Gdański Ośrodek Pomocy Psychologicznej,. 8.00–16.00
- phone. 58 718 73 68 Fundacja Dajemy Dzieciom Siłę Centrum Pomocy Dzieciom, 8.00–18.00



SOS BUS – homeless suport

20.15 - bus station at Gdańsk Przymorze SKM Train station
21.15 - parking lot between police department / Biała Street in Gdańsk Wrzeszcz

22.15 – bus lane near Cinema Krewetka in city centre of Gdańsk



Emergency response / psychological help - 24/7:

Ośrodek Interwencji kryzysowej Gdańsk, Pl. Ks. J. Gustkowicza 13 **58 511 01 21, 58 511 01 22**

Legal help:

58 342 31 88 – MOPR, e-mail: pomocprawna@mopr.gda.pl



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Volunteer assistance: 797 909 119 – MOPR e-mail: wolontariat@mopr.gda.pl

For benefits 7 -10 please contact with

Social Insurance Institution



Zakład Ubezpieczeń Społecznych / Oddział w Gdańsku

ul. Chmielna 27/33, 80-748 Gdańsk

phone 22 290 87 01

email: cot@zus.pl



service on benefits due to quarantine or isolation



service regarding care allowances for the duration of childcare in connection with the closing of a nursery, children's club, kindergarten, or school due to quarantine or isolation

For benefits 11 -14 please contact with

Gdansk Job Centre



Gdański Urząd Pracy Gdański Urząd Pracy

ul. 3 Maja 9, 80-802 Gdańsk

phone. 58 732-52-00

email: kancelaria@gup.gdansk.pl

For benefit no. 15 please contact with



The State Fund for Rehabilitation of Disabled People Państwowy Fundusz Rehabilitacji Osób Niepełnosprawnych / Oddział Pomorski al. Grunwaldzka 184, 80-266 Gdańsk phone. 58 350 05 00 email: gdansk@pfron.org.pl